



## NEWSLETTER APRIL 2019 EDITION

Welcome to our new President Peter Hurst

### Who is Peter Hurst?



Firstly, above everything else, I'd have to call myself a family man. With four kids, twelve grand-children and two great- grand- children, it would seem, with a family of that magnitude, I probably wouldn't have had much time for anything else. But over my many years, I have been Secretary and President of several organizations, and none of them have been easy, so I'm hoping the members of U3A Townsville will take pity on a poor old guy and help him out with this job.

I started out my working career as an Electrician here in Townsville, where I met my wonderful wife, Lori, and after we were married, we moved to fine and sunny Melbourne. Here, I took up another career in Industrial engineering. I also worked in Mt Isa,

After seven years there and two more kids we decided Townsville was the place to be when our kids were growing up. Unable to get a job in my current career, we bought a general store and went into the madness of working fifteen hours a day, seven days a week. We owned and operated five different businesses over the next thirteen years and when a job came up in Method Engineering, I handed my Electrical Contracting business over to my second son, who had done his apprenticeship with me, and I started working for a boss again. I worked in the Manufacturing Office at ARC and ended up with so many hats, there weren't enough pegs to hang them all on. During a restructuring process, I thought they had finally all caught up with me.

I took another Job at Amcor, just down the road, where I was employed as the Production Planner. Things went great for several years until another restructuring process, found me in the H R department doing OH&S, Q.A., Training and all sorts of other interesting projects. I did a Management degree specializing in H.R. through USQ. After several disagreements with a new General Manager at Amcor I found myself redundant and out of work. Shortly after I was employed by Sun Metals as Construction Safety Officer during the construction of their Zinc Refinery at Stuart.

Three years later I was employed as a relief OH&S Officer for Q-Build for twelve months before retiring to build my house at Alligator creek, which I still haven't quite finished. And a little bit of pressure is coming my way in recent months to get it finished.

I also managed to squeeze in seven years working as a mentor for JCU Vet science students in personal and professional development. Over the past ten years or so I have been working on a novel set in North Qld and I've had a few short stories published. Last year I ran a memoir writing workshop and a novel writing course for U3A.

I don't know what this all has to do with being President of U3A, but it probably represents who I am. I'm a people person, and a high extrovert, which means I talk a lot. And you know what they say about extreme extroverts, *"If they stop talking for a minute, they might even have a good idea."* So, I'm sure going to need a lot of help. Regards, PETER HURST.

## AGM

Our Annual General Meeting was held on

Friday 15th March at the Oonoonba Community Centre, at 11am.

Prior to the meeting members who attended were treated to an Indonesian song, sung by Ewe Chewng Khoo and poetry by Ann Krome and Joan Twine who had us in fits of laughter.

The meeting was then conducted by Terry Lambrose which resulted in most positions being filled,

However we need a minutes taker, an events co-ordinator and two or three people to organise the class timetables. If you feel you would like to put your hand up for one of these "JOBS" please contact the office.

Following the procedures we all joined in for a chat and a delicious luncheon supplied by the members.



Out going President Terry Lambrose congratulating Peter Hurst on his appointment as U3A president for 2019

## THANK YOU TERRY LAMBROSE

Thank you so much for all your enthusiasm throughout the last two years. You really have been an inspiration and have helped gain many members.

There are so many older citizens who have contributed so much in their younger working years. Then in later life they lead such lonely lives.

So thank you for helping to bring so many of these people back into the community

Regards Colleen Fowden

Terry continues with U3a being involved with the Finance group, the Be Connected computer program, Magnetic island and as the immediate past president, advisor to our new President Peter, should the need arise.,

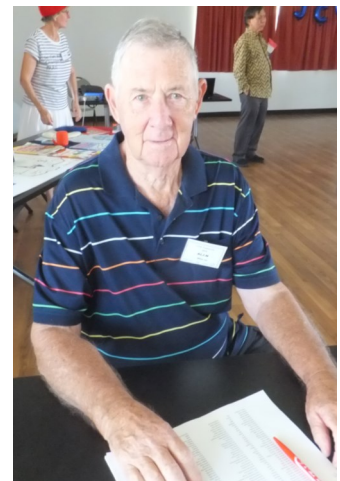
## A SENTIMENT HELD BY MANY

## THANKS TERRY

Alan Williams (pictured right) had the task of signing everyone into the AGM. Alan is a mentor for the Be Connected program, he also steps in when the secretary is away and organises the wrapping and posting the newsletters to those who do not have email.

Alan is a very conscientious member quietly working the background to ensure things get done. Alan and all the behind the scenes workers are to be congratulated on a job well done.

THANK YOU GUYS WHOEVER YOU ARE!!



Stay in touch and

## **BE CONNECTED**

Contact family/ friends

*BE CONNECTED* is a program that assists the senior person to learn how to communicate via your computer, tablet or smart phone.

You already may own one of these but throw your hands in the air as to how they work.

### **Well we can show you how!!!**

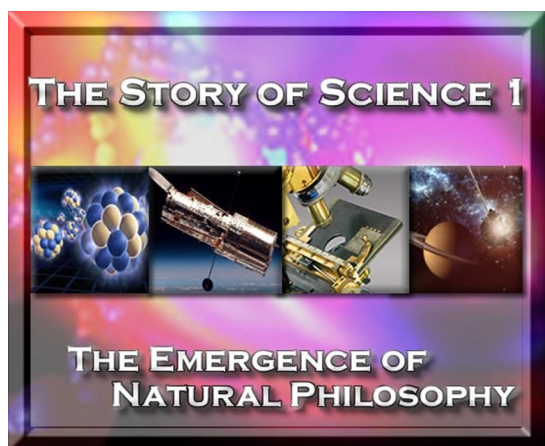


U3A is running the *BE CONNECTED* program and invite you to join up, the course itself is free and anyone can sign up, however as a current member of U3A we offer a mentoring service that keeps you in touch with a computer literate person who can guide you on your way.

It works like this; you join in a class and attend two or three sessions then you continue at your own pace at home, if you have problems your mentor is on the end of your phone to get you over the hurdle you are stuck on.

Of course you are still welcome to attend the sessions.

Joining is simple just contact the office on **(07) 4724 3530** and our friendly office ladies will explain the process.



Over the next couple of months U3A Townsville

is conducting a lecture/study group on the

### **'Story of Science'**

**Time:** Thursday Afternoons 2pm to 3pm

**Place:** U3A Vincent Campus

This course is the first in a series of courses that trace the story of the body of knowledge that we call science, from early man through to the develop-

ments in the early 2000s.

The story is told in four phases. This is the first and focuses on the contributions made by early man up to and around 600 BCE.

Each week you will be given the basic information relating to the discussion for the following week. This will help you contribute to the discussions.

Please join with us:

*'discover how your world was discovered'.*



## PICS OF SOME OF THE AGM ATTENDEES.



Kelly Trueman is one of the group who sends out details of the Friday talks, again being held at the Aitkenvale Library and Kate Eagling who is the with the Sunday games group.



### A little snap of Maggie Island



Gwen and Robyn were at the Mah-Jong table

### Hello from Magnetic Island

2019 has seen a return to activities for our seven groups and currently two new classes have begun with a third one due to start shortly.

Our Monday Talks are always looked forward to. We have enjoyed some varied and interesting topics this term, including rocket science, artificial intelligence, how to get the most out of your plane bookings and Pablo Neruda's poetry.

Monthly pottery sessions are underway for four months. Our first task was making an elephant, which was a delightful surprise.

Canasta has commenced in the Golf Club on a Thursday afternoon and hopefully a financial and investment group will start next term.

To find out what is happening on Magnetic Island, including information on U3A classes go to

[whatsonmagneticisland.com.au](http://whatsonmagneticisland.com.au)

*Liz McDine*



Pictured above is Liz McDine (left) who is the new Coordinator of Magnetic Island and Raewyn Mannix (right) who is our 2019 Treasurer.



Immediate Past President Terry Lambrose “hamming it up” with JCU coordinator Laurie

Laurie is our liaison officer for JCU and organises your attendance at lectures on campus.

More information is available at the website address below

<https://u3atownsville.com/jcu-classes/>

U3A stands for the University of the Third Age, which is the age of active retirement, following the age of youth and work and home making. University is a loose term – there are no academic requirements for membership and no exams, just opportunities to keep learning. Learning could be either informal through U3A classes, or more formalised through attending lectures at James Cook University.

U3A is a worldwide self-help organisation promoting learning for personal enjoyment and wellbeing. New and interesting learning keeps the brain active, whilst providing opportunities to do interesting things.

U3A is making a very substantial contribution to society by helping its members to remain healthy and active for longer.

Ann Krome and Joan Twine  
Poets they are Poets they be  
Giving out laughs  
for our company







Anne Atkinson volunteered to man the information table

Our sympathy and support goes to the many of our U3A members who were impacted by the recent floods ,

Kate Eagling was one who was flooded but Kate, as usual took it all in her exuberant style.

Donning wellies and hat, with broom in hand tackled the job.

Kate is another of our backroom volunteers cleaning the office and meeting room on a regular weekly basis as well as helping out where needed.



Ooh La La Georgina (French Tutor), is with Pat and Maureen from the French Connection



Ann Krome and Kate Eagling from the Creative writers group. This group keep busy



Eric Campbell who is the Indonesian tutor is with Ewe Cheng Khoo, a student in the class and a good singer.



Jenny Sebba continues as a committee member after being involved with the finance and the web site group. Another tireless worker who is having a well earned rest.

## CLASS TIMETABLE CO-ORDINATOR

Are you an organized person. ??

We need someone to keep the timetable up to date.

You would adjust any details that deal with the timetable and advise the office and the web team of any and all changes

If you are up for a challenge please contact the office. 4724 3530

### Walking Group Timetable for April to Aug 2019

Day Friday; time 7.00am for 7.15 to 8.15am

Contact Margaret Cuthbert to Check any changes 4779 1882.

| Date       | Meet  | Walk                      | Date      | Meet                                      | Walk                         |
|------------|---|---------------------------|-----------|---|------------------------------|
| April 26th | Weir School carpark, Kimball St Aitkenvale  | Kimball St Aitkenvale     | June 21st | Cape pall Rd/Esk St Rowes Bay Carpark     | Soropotomist Park, Foreshore |
| May 3rd    | Balls lane Mundingburra                     |                           | June 28th | Esk street Rose Bay                       | Mundy Creek                  |
| May 10th   | Paxton St. North Ward Queens Gardens gate   | North Ward                | July 5th  | O'Reilly St Mundingburra Cnr Burt St .    | Downstream Sheriff park      |
| May 17th   | Tyack St. Rosslea Near Viles St. map 14 N10 | Around Golf Club boundary | July 12th | Dean St Townsville                        | CBD                          |
| May 24th   | Paxton St. North Ward Queens Gardens gate   | Queens garden             | July 19th | Paxton St. North Ward Queens Gardens gate | North Ward                   |
| May 31st   | Tobruk Pool, The Strand, North ward         | Jupiter's and Anzac Park  | July 26th | The Rockpool North ward                   | Ephemera                     |
| June 7th   | The Rockpool North ward                     | Jezzine (heights)         | Aug 2nd   | Tobruk Pool, The Strand, North ward       | Ephemera                     |
| June 14th  | Dean Car park; S Tsv. Rooney St. end        | Sth Townville             | Aug 9th   | Esk street Rose Bay                       | Mundy Creek                  |

Come join us, get some fresh air, exercise and explore Townsville. We walk at a pleasant pace that allows for chatting and stopping to explore the flora and fauna. The itinerary above gives you the idea of where we walk, mostly on walking paths. This is a very social group; many of the walkers adjourn to a coffee shop afterwards.

## CLASS TIMETABLE U3A TOWNSVILLE

| MONDAY  |   |  |
|---|---|--|
| Book Club monthly<br>9.00 – 10.00 <i>2<sup>nd</sup> Mon</i>         | Jenny Marks 0407 484 240  | Aitkenvale Library foyer   |
| Exercise Class 9.00 – 10.00   | Thea Eastwood 0407 961 623  | Health Studio,<br>Hyde Park Centre.                                  |
| Mah Jong 9.00 – 12.00   | Gwen Wilson 4723 7142   | Thuringowa Library   |
| Social Art (no tutor)<br>10.00 – 5.00                               | Patricia Jones 0409 413 234<br>Judy Osborne 0409 764 184                      | Soundshell Building<br>in Dan Gleeson Gardens                        |
| Finance & Investment Group<br>12.00 – 2.00                          | Terry Lambrose 0434 634 822   | U3A Vincent  |
| Indonesian 1.00 – 2.00  | Eric Campbell 4779 8947   | Aitkenvale Library   |
| Philosophy 2.30 – 4.00  | Jan Hynes 0419 723 640  | Aitkenvale Library   |
| Photography – Advanced<br>2.00-4.00                                 | Roland Lange <i>text</i> 0426 737 692   | U3A Vincent  |
| TUESDAY   |   |  |
| Self-help Spanish 9 – 10.20   | Graham Collins 4789 0590  | U3A Vincent  |
| Creative Writing<br>10.00 – 12.00                                   | Valda Spencer 4723 6083<br>Ann Krome 0400 822 973                             | Vale Hotel – motel breakfast<br>room Aitkenvale                      |
| Computers 1.15 – 2.30<br><i>Phone to book</i>                       | Maureen Wright 0498 572 717   | Learn Space<br>Thuringowa Library                                    |
| History 2.00 – 3.30   | Nanette Grace 4721 4484   | U3A Vincent  |
| WEDNESDAY   |   |  |
| Exercise Class<br>9.00 – 10.00                                      | Viv Watkins 4773 5287   | Health Studio<br>Hyde Park Centre                                    |
| Canasta 9.30 – 12.30  | Bev Ponder 0413 389 534   | German-Australian Club<br>56 Ann St, Aitkenvale                      |
| Art Class 10.00 – 12.00   | Heather 0408 737 021<br>Irene 0417 639 795                                    | U3A Vincent Class full.<br>Waiting list only – please call<br>office |
| Woodwork 2.00 – 4.00  | Ray Hatton 0400 840 114 <i>service road,<br/>next to old St Mary's church</i> | Flexible Learning Centre<br>22-26 Ingham Rd                          |
| THURSDAY  |   |  |
| Art 9.00 – 12.00 <i>watercolour,<br/>acrylic &amp; oil painting</i> | Jan Fels 0490 014 373<br>Kathleen Feaver 4779 1252                            | CWA Hall<br>36 Latchford St Pimlico                                  |
| Photography –9 .30 – 11.30<br>Basic Techniques                      | Roland Lange <i>text</i> 0426 737 692   | U3A Vincent  |
| Conversational French<br>12.00 – 1.30                               | Georgina Valdeter 0410 454 420 <i>begin-<br/>ners and continuing</i>          | U3A Vincent  |
| Science for Seniors<br>2.00 – 3.00 pm                               | Terry Lambrose 0434 634 822<br><i>Phone for current program</i>               | U3A Vincent  |
| Beading 2.00 – 4.00   | Bev Ponder 0413 389 534   | <i>Phone Bev to book</i>   |



| FRIDAY   |   |  |
|--|---|--|
| <b>Walking 7.00am – 8.45</b>                                     | <b>Margaret Cuthbert 4779 1882</b>                                      | <i>Phone Margaret</i>                                  |
| <b>Exercise Class 9.00 – 10.00</b>                               | <b>Val Grogan 4723 5432</b>   | <b>Health Studio,Hyde Park Centre</b>                  |
| <b>Mah Jong<br/>9.00 – 12.00</b>                                 | <b>Gwen Wilson 4723 7142</b>  | <b>Thuringowa Library</b>                              |
| <b>Scrabble 10.00 – 12.00</b>                                    | <b>Kate Eagling 0429 419 580</b>  | <b>U3A Vincent</b>                                     |
| <b>Friday Talk 2.00 – 3.00</b><br><i>A variety of subjects</i>   | <i>See website or your email for talk title</i>                         | <b>Aitkenvale Library meeting room</b>                 |
| SATURDAY   |   |  |
| <b>Exercise Class<br/>9.00 – 10.00</b>                           | <b>Jenny Nyambane 4725 0434</b>   | <b>Health Studio, Hyde Park Centre, 17 Woolcock St</b> |
| <b>Social Group 10.30</b>  | <b>Bev Ponder 0413 389 534</b>  | <i>Phone Bev 0413 389 534</i>                          |
| SUNDAY   |   |  |
| <b>Social Games 1.30 – 4.00</b>                                  | <b>Bev Ponder 0413 389 534</b>  | <i>Phone Bev 0413 389 534</i>                          |
| VARIOUS DAYS   |   |  |
| <b>James Cook University</b><br><i>many subjects, audit only</i> | <b>Lori McGuire 0418 874 844</b><br><b>Visit u3a Townsville.com JCU</b> | <b>James Cook University</b>                           |
| <b>Gardening in the Dry Tropics</b>                              | <b>Maureen Wright 0498 572 717</b>                                      | <b>Various locations</b>                               |
| <b>Fishing Group</b> <i>Meetings depend on weather and tide</i>  | <b>New facilitator wanted</b>   | <b>Various locations</b>                               |
| <b>Excursions, Events</b>  | <i>Emails sent to members</i>   |  |

## MAGNETIC ISLAND

| MONDAY  |  |                          |
|---|--|--------------------------|
| <b>Monday Talks 10.00 – 1200</b><br>Starts 29 April                         | Mike Keating 0437432251<br>Liz McDine 0422190455 | RSL                      |
| <b>Finance and Investment Group</b><br>7 -9pm Starts 29 April               | Terry Lambrose 0434634822                        | Contact Terry for venue  |
| TUESDAY   |  |                          |
| <b>Tai chi 7-8am</b>  | Peter Duckworth 4758 1981 Tania Thoreau          | Esplanade                |
| <b>Recorder Ensemble</b><br>1.30-3.30pm Starts 30 April                     | Ros Burry 4778 5082                              | 14 Bottinger Street      |
| WEDNESDAY   |  |                          |
| <b>French conversation</b><br>9.30-11am                                     | Gisela Edwards 4778 5548                         | Tamarind Tree Cafe       |
| <b>U3A singers 7- 8.30pm</b><br>Starts 1 May                                | MarilynSheather47785918<br>Tania Thoreau         |                          |
| THURSDAY  |  |                          |
| <b>Spanish 9.30-11am</b>  | Tania Thoreau 4758 1981                          | 8 Lilac Street           |
| <b>Canasta 1.00 – 3.30pm</b>  | Kaye Lambrose 0403 255 805                       | Golf Club                |
| FRIDAY  |  |                          |
| <b>Tai chi-yang 7-8am</b>   | Peter Duckworth 4758 1981                        | Esplanade                |
| <b>Pottery 10am-12</b><br>3 <sup>rd</sup> May and 7 <sup>th</sup> June only | Stella Thompson-Wheway 0499077510                | Contact Stella for venue |

## 2019 Committee members

| Position                           | Name              | Email address                  |
|------------------------------------|-------------------|--------------------------------|
| President                          | Peter Hurst       | rpeterhurst@gmail.com          |
| Treasurer                          | Raewyn Mannix     | rmannix@bigpond.net.au         |
| Secretary                          | Larry Frazer      | patriciafrazer@optusnet.com.au |
| News Editor,<br>and Office Manager | Christine Douglas | cjdouglas11@bigpond.com        |
| Magnetic Island Co-ordinator       | Liz McDine        | Liz_mcd@live.co.uk             |
| Grants Co-ordinator                | Currently vacant  |                                |
| Committee                          | Alan Williams     | alanlois@ozemail.com.au        |
| Committee                          | Jenny Sebba       | jsebba@netspace.net.au         |
| Committee                          | Graham Collins    | grahamc@internode.on.net       |
| Committee                          | Bev Ponder        | bev.ponder1@gmail.com          |
| Committee                          | Terry Lambrose    | tjlambrose@gmail.com           |
| Committee                          | Kate Eagling      | Kate.eagling@gmail.com         |

### **Contact Details for the office are:**

**PO Box 374, Aitkenvale QLD 4810**

**PH; (07) 4724 3530**

**Email; [u3atownsville@westnet.com](mailto:u3atownsville@westnet.com)**

**New Website; <http://u3atownsville.com>**

Reminder for Memberships; the year is from January to December.

Please visit the website <https://u3atownsville.com/join-us/> for 2019 membership form

Email [u3atownsville@westnet.com.au](mailto:u3atownsville@westnet.com.au) /or phone the office 4724 3530 for banking details

### U3A Townsville Office.

Our office is now manned Monday to Friday 9am till noon.

The committee occupy the office Mondays and our capable volunteers are there Tuesday to Fridays to answer queries, accept membership fees and any other way we may be of assistance.

The office is situated behind the Church of Christ,  
Fulham Road Vincent. Entrance via Ronan Street

*Your next newsletter date will be July 2019 Please keep your stories rolling in.*

*I enjoy reading them as do members, Pictures are most welcome Thanks Christine*