



U3A Townsville Inc.

SUPPORTED BY



NEWSLETTER NOVEMBER 2019

Presidents report Nov 2019.

Hi all U3A members,

Just a few words to let you know how things are going. With Christmas just around the corner and looming at an ever-decreasing rate, your Committee has been working feverously to make many changes to our operating procedures and the way we run our organization. We have recently bought a new office computer, a much better and up to date one, and have changed many of the ways we do things. We are currently looking at the best way to store all our emails so we can always track back and see both received and sent information. Jenny Sebba and Larry Frazer have just installed a new financial system that is working well and will make it easier to control our finances.

We have several teams working hard to give members a better club. The Web Site committee is achieving great results and have made our website a much more versatile and user-friendly experience. You should all look at it from time to time.

The Friday talk team is firing on all cylinders and produced some remarkable and interesting speakers during the year. If our numbers keep increasing, we will need to look for a bigger venue. Besides I am getting tired of standing in the cupboard.

The Be Connected group are getting great results and the mentors are working hard to help those who have signed up. The Dec 31st deadline is coming up awfully fast and we are still well short of our 300 trainees. I will be sending out an appeal to members to sign up and do at least two activities before the deadline.

Lyn Rooke is working hard on our activities and has revised the list which is at the back of this newsletter. She has several additional activities planned for the new year so keep tuned for news of them.

We've been very fortunate to enlist one of our new members to head our Promotions and publicity team. Pauline Woodbridge is well experienced and will fill this role perfectly. Say hello to her and help wherever you can.

You may have heard the rumors that we are looking at what we will do when our current lease runs out in March next year. We are presently negotiating with Townsville Senior Citizens Assoc. in Ryan St. Belgian Gardens to let us co-occupy their wonderful facilities. The cost to U3A will be significantly less than what we are paying now and the facilities far superior. So, keep your fingers crossed as we hope to have it sorted by the new year. We will not currently be moving any of our existing venues in libraries etc. during or after this relocation.

Sadly, we have lost a couple of members since the last newsletter and on behalf of all our members I give our condolences to those who have recently lost loved ones, friends and fellow members during this period.

Merry Christmas and Happy New Year to you all, Peter Hurst.



L to R. Anne, Christine, Glenda Caryle, Lyn, Leonie and Terry; Absent Catherine.

These lovely ladies are who you will get to speak to if you visit or call in at the U3A Office. Tuesday to Friday; They are all competent in the office tasks and there are two each day to allow for anyone of them being away. The girls work at replying to requests by way of the phone emails, or personal contact. They assist any of the committee members with tasks that need to be done

Lyn is also our Activities Program coordinator

and Catherine has taken on the job of minutes secretary to the committee.

Monday the office is manned by the finance crew Larry, Graham, Alan and Jenny who look after the membership and the finances. Sometimes our president Peter will call in to attend to any issue that needs his attention.

You are most welcome to call in and say Hello

Autumn

The golden light of afternoon sun.

The gentle shadows nestled in the grass...

The shadows dancing to the rhythm of the
wind enchant, and my soul dances into poetry.

Light nudges my shoulder;

the sun glistens less and lowers.

Clouds configure, shape and outline.

Lit by the lustre of lowering sunlight; the orange, the purple, the crimson shadowed by
gunmetal hues.

Butterscotch and blush against the chambray
sky superb and delight.

No clouds of white with the evening sky.

kloudya pollard

Office Closure

The office will be closed
from Friday December 13th
till Monday 13th January
2020

Never
stop learning,
because
life never stops
teaching.

Best English Quotes & Sayings
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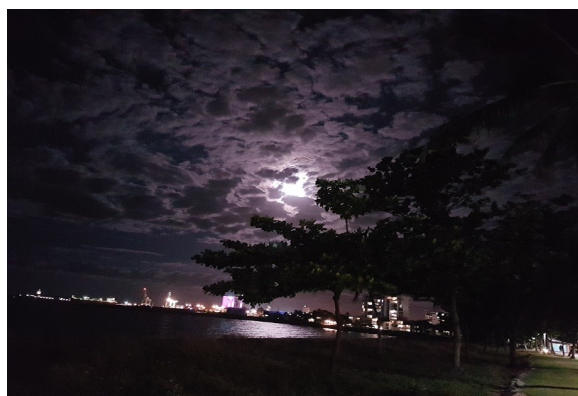
MAH-JONG has proved to be a popular activity. When the group started a few years ago, there were only nine members, last Friday the number in attendance was twenty four. The group receives invites to attend games at Alligator Creek and Carlyle Gardens, our tournament days are friendly and enjoyable, keeping us on our toes. Our oldest member is 94 and she only learnt last year. The game is open to both male and female and at present we have two males who come regularly, and two others who come occasionally.

Come along and have a look you never know it might interest you..

THURINGOWA LIBRARY MONDAY OR FRIDAY MORNINGS AT 9.00AM

U3A PHOTOGRAPHY GROUP went on a field trip to the Palmetum on Thursday 24th October and I took the photo of Spud and Roger walking along a path in the Palmetum.

Pictured below is a photo of the strand under the full moon



U3A committee wishes to thank all tutors and volunteers for their valuable input over the last year and look forward to a rewarding New Year.

Wishing you all a Merry Christmas and a Happy New Year, May we see all your smiling faces in 2020

**Christmas spells out love, hope and joy.
Pass it on to everyone in your life.**

Have a great Christmas.



Do you have an artistic flair?

*Or, like a lot of us, do you believe
you have no aptitude for anything creative?*



Take up the artistic challenge NOW!

If you would like to try your hand at some form of craftwork such as **mosaics**, embroidery, **crewel embroidery**, knitting, crochet, cross-stitch, **tatting**, applique and quilting, floral design, and **ikebana**, amongst many others, let us know.

If you have expertise in some form of craft or crafts and wish to pass on your knowledge to others and become a ***U3A volunteer tutor***, we would love to hear from you.

We wish to get additional craftwork classes started and need your input (either as student or tutor), so let us know.

Leave your details at the office and someone will get in touch.

Lynette Rooke, Class Coordinator, U3A Inc Townsville
October 2019

Telephone: 4724 3530
Email: admin@u3atownsville.com



Magnetic Island members will celebrate the end of another successful year at our Christmas party on 6th December, held at the Men's Shed. The Recorder Ensemble and the U3A Singers will perform at this event to share the pieces that have been enjoyed throughout the year and to encourage more people to come along in 2020.

I would like to take this opportunity to thank the U3A members who have presented at our Monday Talks as well as our class facilitators. We are all grateful for the time and effort that presenting or running a class takes. I wish everyone an enjoyable festive season and hope to see everyone back in 2020. Liz McDine



U3A CREATIVE WRITING GROUP

Our Creative Writing group have had another good year, in which we have been continually amazed at the different directions a topic takes us on, whether in poetry or short story genre.

We head toward our year's end, on 17th December, when we will enjoy the friendships we have formed, and each other's final writes before tucker and chatter finish off our year.

We return on 7th January 2020, to rejuvenate our creative thinking and head into another wonderful writing year, in the meantime –

**Merry Christmas everyone,
and best wishes for a Happy and Healthy 2020**

U3A PHILOSOPHY GROUP

U3A Philosophy group has had an active and interesting year, with our discussions ranging from the informational to the confrontational.

On the way, we have considered philosophical and ethical ideas and traditions from the early Greeks through to the twenty first century.

After each presentation there is usually animated and occasionally heated discussion.

Individual presentations by members of the group have addressed topics such as government, culture, environment, religion, art, myth, science, and ethical questions of many types and complexity.

We have also watched and discussed some of the fascinating Harvard lectures by Michael Sandel.

Jan U3A Philosophy group

We meet Monday afternoons at the Aitkenvale Library from 2.30 to 4.00pm

Interested in playing Pétanque?

If any member is interested in forming a pétanque group, **please let the office know**. There is a **pétanque playing field in Townsville** which is underutilised and would benefit from renewed community engagement.

No special uniforms are needed, it's easy to learn, and the game can be played all year round. And, more importantly, no special skills are needed: just a wish to **join in, make new friends, get active, and have some fun**.



Don't know what Pétanque is?

Pétanque is a bowling game which originated in France and is played by two teams. Teams are formed of one, two or three players and the object is to get a boule (ball) as close as possible to a small wooden jack.

Lynette Rooke, Class Coordinator, U3A Inc Townsville

October 2019

Telephone: 4724 3530

Email: admin@u3atownsville.com

U3A Christmas Breakup

will be held on Friday December 13th

at the Senior Citizens Centre in Belgian Gardens.

10.30am for 11am start.



BRING A MATE AND BRING A PLATE.

Volunteers needed to help with

- Set up and clean up
- Kitchen duties.

RAFFLES ON THE DAY;

DONATIONS WOULD BE APPRECIATED .

Are you an entertainer?

- ♦ Poetry reader
- ♦ Singer
- ♦ Clown

Entertainers are always welcome, so please come and strut your stuff for us.

Please Contact Bev Ponder 0413 389 534 to help in any way

U3A WEBSITE

The U3A website is a valuable source of information; please check the website regularly for updates of events and activities within our local U3A and also the wider U3A world.

At present under *latest news* is a bulletin provided by the U3AAA containing activities of various branches from all over Australia including Queensland.. Interesting reading!!

We also have a calendar of events as well as the latest info on upcoming Friday talks topics and presenters.

Copies of past Townsville U3A Newsletters are available at the site as are pictures of members enjoying activities.

This site is a good one to pass onto friends who don't know what U3A is about.

Clink on the link and hey presto you are there!! <https://u3atownsville.com/>



← **The French Class**

Conversational French at U3A

Interested in revisiting the French you learned at school and rapidly improving your French language skills, in a friendly, supportive environment? You have come to the right place!

Register your interest today.

Language learning helps improve your thinking skills and can strengthen your brain's natural ability to focus. Conversational French at U3A is presented through: cultural events, recent news, French songs, poems, magazine articles, recipes, jokes and basic grammatical exercises.

Le français c'est : Amusant, Chic,

Elégant, Utile, Séduisant, Beau, Chouette, Passionnant



2020 U3A Membership Renewal

Your U3A Townsville membership renewal is due effective from 1st November 2019.

The membership fee for 2020 remains at \$40.00 for the calendar year.

Your membership can be paid by

- ♦ **first option** in cash at the U3A Office which is located at Church of Christ Centre, Unit D.3 Cnr Palmerston St and Ronan St, Vincent 4814. between the hours of .9.00am to midday Monday to Friday.
- ♦ **second option** is to pay by cheque and if you use this method please write your full name and membership number on the back of the cheque.
- ♦ **third option** is to pay by bank transfer to the U3A Bank account and the details are

BSB	064-823 (CBA)
Account number	10553473
Account name:	U3A Townsville Inc.

*If you are going to use the bank transfer method of payment it is **extremely important** to enter your full name and membership number into the reference field of your transaction.*

If you don't do this it makes it very difficult to match your payment to your name.

During 2019 we had 11 payments from members that we have not been able to process because U3A does not have their full details with their payment made to U3A.

Larry Frazer Treasurer U3A Townsville Inc.

The Be Connected program has proved very popular amongst those who have undertaken to enrol. We still need more people to sign up to ensure we get to keep the grant we were given. One aspect is that some who have joined up have not completed the allotted tasks in the program. If this is you please contact the office so that we can arrange a mentor for you to complete the tasks, there are not many but finalising them will ensure our success. Quite a few learners found they discovered something new and are quite proud of their achievement.



U3A TOWNSVILLE CLASS TIMETABLE

Current as at 25.10.2019

(subject to change; check website regularly)

Monday		
Be Connected program. Learn to develop your computer and digital skills. 9:15am-10:15am	Contact the U3A office on 4724 3530 for further information	Aitkenvale Library
Book Club, 2nd Monday of each month 9:00am-10:00am	Jenny Marks 0407 484 240	Aitkenvale Library Foyer
Exercise Class 9:00am-10:00am	Thea Eastwood 0407 961 623	Health Studio, Hyde Park Centre
Mah Jong 9:00am-12:00pm	Gwen Wilson 4723 7142	Thuringowa Library
Social Art (No tutor) 10:00am-4:00pm	Patricia Jones 0409 413 234 Judy Osborne 0409 764 184	Soundshell Building, Dan Gleeson Gardens
Finance & Investment Group 12:00pm-2:00pm	Terry Lambrose 0434 634 822	U3A Vincent
Indonesian 1:00pm-2:00pm	Eric Campbell 4779 8947	Aitkenvale Library
Tai Chi 1:00pm-2:00pm	Geoff Ward 0417 170 745	Vincent Church of Christ Hall Cnr Fulham Rd & Palmerston St
Philosophy 2:30pm-4:00pm	Jan Hynes 0419 723 640	Aitkenvale Library
Tuesday		
Spanish, Self-Help 9:00am-10:20am	Graham Collins 4789 0590	U3A Vincent
Creative Writing 10:00am-12:00pm	Valda Spence 4723 6083 Ann Krome 0400 822 973	Vale Hotel, Ross River Road Motel Breakfast Room
Be Connected program. Learn to develop your computer and digital skills. 1:15pm-2:30pm	Contact the U3A office on 4724 3530 for further information	Learn Space Thuringowa Library
Swim Program (5 weeks only, commencing 12 November 2019) 2:00pm-3:00pm	Monica Foley 0408 791 360	Northern Beaches Leisure Centre 7-31 Erskine Place, Burdell
History 2:00pm-3:30pm	Nanette Grace 4721 4484	U3A Vincent
Wednesday		
Exercise Class 9:00am-10:00am	Viv Watkins 4773 5287	Health Studio Hyde Park Centre
Canasta 9:30am-12:30pm	Bev Ponder 0413 389 534	German-Australian Club 56 Ann Street, Aitkenvale
Art Class (no tutor) 10:00am-12:30pm Class Full, Waiting List only Please call office	Kate Eagling 0429 419 580	U3A Vincent
Woodwork 2:00pm-4:00pm	Ray Hatton 0400 840 114	Flexible Learning Centre 22-26 Ingham Road (Service Road, next to St Mary's Church)

Thursday		
Art (Watercolour, Acrylic and Oil Painting) 9:00am-12:00pm	Jan Fels 0490 014 373 Kathleen Feaver 4779 1252	CWA Hall 36 Latchford Street, Pimlico
Digital Photography 9:30am-11:30am	John Webster 0438 322 666 E:webj1@hotmail.com	U3A Vincent
French, Conversational 12:00pm-1:30pm	Georgina Valdeter 0410 454 420 beginners and continuing	U3A Vincent
Science 2:00pm-3:00pm	Susan Dellow, text 0408 984 019, or susan.dellow@bigpond.com	U3A Vincent
Beading 2:00pm-4:00pm	Bev Ponder 0413 389 534	<i>Phone Bev to Book</i>
Friday		
Walking 7:00am-8:45am	Margaret Cuthbert 4779 1882	<i>Phone Margaret for details</i>
Exercise Class 9:00am-10:00am	Val Grogan 4723 5432	Health Studio Hyde Park Centre
Mah Jong 9:00am-12:00pm	Gwen Wilson 4723 7142	Thuringowa Library
<i>Be Connected</i> program. Learn to develop your computer and digital skills. 9:15am	Contact the U3A office on 4724 3530 for further information	Learn Space Thuringowa Library
Scrabble 10:00am-12:30pm	Kate Eagling 0429 419 580	U3A Vincent
Friday Talks (A variety of topics) 2:00pm-3:00pm	Check member emails or website for details	Aitkenvale Library Meeting Room
Saturday		
Exercise Class 9:00am-10:00am	Jenny Nyambane 4725 0434	Health Studio, Hyde Park Centre
Social Group 10:30am	Bev Ponder 0413 389 534	<i>Phone Bev for details</i>
Sunday		
Social Games 1:30pm-4:00pm	Bev Ponder 0413 389 534	<i>Phone Bev for details</i>
Other		
James Cook University (various subjects)	Lori McGuire 0418 874 844 Check U3A Townsville website for further information	James Cook University
Gardening in the Dry Tropics	Maureen Wright 0498 572 717	Various locations
Excursions, Events	Emails sent to members	

Magnetic Island		
Monday		
Monday Talks 10am-12pm	Mike Keating 0437 432 251	RSL, Arcadia
Finance and Investment Group 7:00pm-9:00pm	Terry Lambrose 0434 634 822	<i>Contact Terry for further information</i>
Tuesday		
Tai Chi & Qigong 7:00am-8:00am	Peter Duckworth, Tania Thoreau 4758 1981	Esplanade
Recorder Ensemble 1:30pm-3:30pm	Ros Burry 4778 5082	14 Bottiger Street
Wednesday		
French Conversation 9:00am-11:00am	Gisela Edwards 4778 5548	Tamarind Tree Cafe
U3A Singers 7:00pm-8:30pm	Tania Thoreau 4758 1981	RSL, Arcadia
Thursday		
Spanish 9:30am-11:00am	Tania Thoreau 4758 1981	8 Lilac Street
Canasta 1:00pm-3:30pm	Kaye Lambrose 0403 255 805	Golf Club
Friday		
Tai Chi & Qigong 7:00am-8:00am	Peter Duckworth 4758 1981	Esplanade
Other (By appointment)		
<i>Be Connected</i> program. Learn to develop your computer and digital skills.	Terry Lambrose 0434 634 822	<i>Phone Terry to book</i>

We welcome new members

Check our website (u3atownsville.com) regularly for additions/ amendments to class information.

If you are interested in classes/interests not listed, please let us know.

Also, if you have skills which you may like to share with others (e.g. a language, craft, gardening, or other interest and activity) by becoming a U3A Volunteer Tutor, we would love to hear from you.

Coming soon: 2020 – Beginners Italian (check website regularly for updates).

The Walkers will conclude their year with a breakfast on November 15th and return early in the New Year please watch the events page on the website for details.

Contact: Margaret on 4779 1882

Friday Time 7.00am for 7.15am - 8.15am walk

Come and join us, get some fresh air, exercise and explore various locations in Townsville. We walk at a pleasant pace that allows for chatting or stopping to see wildlife. Mostly on walking paths. This is a very friendly social group. Many of the walkers regularly adjourn to a coffee shop afterwards.

2020 is fast approaching, and in March we will decide the next committee, if you would like to take on one of the roles as listed below please make your interest known to one of the committee.

2019 Committee members

Name		Committee Role
Alan	Williams	Acting Vice President
Beverley	Ponder	Major Events Coordinator
Christine	Douglas	Office & Volunteer Manager Newsletter Editor
Graham	Collins	I.T. Coordinator
Jenny	Sebba	Assistant/ Backup Treasurer
Kate	Eagling	U3A Maintenance Coordinator
Pauline	Woodbridge	Promotions/Publicity Coordinator
Larry	Frazer	Secretary & Treasurer
Liz	McDine	U3A Magnetic Island Coordinator
Catherine	Smith	Minute Secretary
Terry	Lambrose	Be Connected Coordinator
Lyn	Rooke	Activities Program Coordinator
Peter	Hurst	President

Should you wish to contact a committee member please ring the office.

Contact Details for the office are:

PO Box 374, Aitkenvale QLD 4810

PH; (07) 4724 3530

Email; admin@u3atownsville.com

New Website; <http://u3atownsville.com>

Your next newsletter date will be February2020 Please keep your stories rolling in.

I enjoy reading them as do members, Pictures are most welcome Thanks Christine