



U3A Townsville Inc Newsletter



2nd Quarter, 2014

Dates for Your Diary

| | | |
|--|--|---|
| Thursday 19 June 2014 Mid-year function 10.00am at Annandale Community Centre | Tuesday 22 July 2014 Newsletter Items Last day for submissions for 3rd quarter Newsletter (Folding 31 July 2014) | Thursday 13 November 2014 Christmas Function 10.00am at Annandale Community Centre |
|--|--|---|

[Last day for submissions for remaining 2014 Newsletter is as follows:
4th Quarter – 21 October 2014 (Folding – 30 October 2014)]

IMPORTANT NOTICE

Are you booked to go on our Mystery Tour on 3 May 2014? You must bring along some form of photo ID e.g. Driver's Licence, Passport. We will be entering government property and unfortunately the rule is, NO ID THEN NO ENTRY. So don't forget your ID.

University of the Third Age Townsville Inc.

Website: <http://members.westnet.com.au/u3atownsville>

Our office is located at 9 Railway Avenue, Railway Estate, 4810.

P.O. Box 374, Aitkenvale, QLD, 4814

And open 9.30 am – 11.00 am Mondays. Ph (07) 4724 3530,

e-mail: u3atownsville@westnet.com.au



U3A EXECUTIVE OFFICERS – 2014

| | | |
|-----------------------------|-------------------------------------|--------------|
| President | Graham Collins | 4789 0590 |
| Secretary | Syd Collins | 4729 0275 |
| Treasurer/U3A Network Rep . | Alan Williams | 4775 1930 |
| Newsletter Editor | Kathy Joyce | 4724 1648 |
| | (Email:-kathleen.joyce@bigpond.com) | |
| Assist Treasurer/Editor | Jenny Sebba | 4728 5421 |
| Class Co-Ordinator | Bev Ponder | 0413 389 534 |
| Property Officer | Merv Pilcher | 4729 0915 |
| Publicity & Events Officer | Kay Torkington | 4728 9394 |
| Trip Co-ordinator | Nanette Grace | 4721 4484 |
| Magnetic Isl. Co-ordinator | Don Kinsey | 4758 1349 |
| Catering | Marie Baker | 4778 4841 |
| Venue Organiser | Yvonne Campbell | 4779 8947 |

Committee Members: Estelle Del Bello (4723 7757); Kate Eagling (4725 4535) Hazel Ball (0419 780 190) Elizabeth Mason (0429 179 395) Eileen Adams (4721 0805) Edith White (0466 712 441)

Production & Distribution: Alan & Lois Williams, Elvena Morris, Nanette Crowther, Syd & Eric Collins, Nanette Grace, Mary Collins, Estelle Del Bello

Membership fees can be paid either at the U3A Office any Monday morning between 9.30 and 11.00 am, when the office will be attended. Alternatively, they can be posted to U3A at P O Box 374, Aitkenvale, Q. 4814, or paid by direct bank transfer. Money should not be left in the U3A office. It would be prudent for any U3A member who collects membership money outside of office hours to purchase a personal receipt book.

U3A TOWNSVILLE INC. WEBSITE

Our website address is:- <http://members.westnet.com.au/u3atownsville>

On this website you can read your newsletter and get any updated information. To save trees and expenses members are asked to contact the office by email to receive your newsletter by email, instead of the printed, posted hardcopy. Those who prefer the printed version will still receive it as usual upon request.

ATTENTION ALL MEMBERS - FEEDBACK ON OUR ACTIVITIES:

All organisations need feedback from their members and we are very keen to find out how you feel U3A Townsville Inc can be improved.

Do you feel we need more tutors, more members, different venues, more social activities during the year? One topic that has been suggested to be of interest to members is a Music Appreciation and another is Public Speaking and we are seeking presenters for these classes. Please send your comments back to the Committee at U3A Townsville Inc., P O Box 374, Aitkenvale, 4814 or send an e-mail to u3atownsville@westnet.com.au. All replies will be treated as confidential as we appreciate constructive criticism.

ATTENTION ALL TUTORS:

You are requested to please ensure that every member attending your class is a currently paid up member. If you find any who are not currently paid up, please remind them to rejoin, pay the fees for 2014 and advise us accordingly. Also please advise us if your class is full or if you have room for new members.

PRESIDENT'S REPORT

It's often said that two things humans cannot escape are death and taxes. The Australian Bureau of Statistics collects a lot of data about us Australians. In a recent on-line publication the ABS ranked the leading causes of death comparing the years 2003, 2007, and 2012. There are some interesting trends which probably reflect changing lifestyles.

Ischaemic heart diseases (also known as coronary heart disease) topped the list again. This category covers angina, blocked arteries of the heart, and heart attacks. These caused twice as many deaths as the next most prevalent cause. However there is a little bit of good news: the proportion of deaths due to this cause has decreased, from 19.2% in 2003 to 13.6% in 2012.

Next most common was cerebrovascular disease, the most common form of which is stroke. This include haemorrhages, strokes, infarctions, and blocked arteries of the brain. Over the last 10 years, deaths due to this cause have decreased by nearly 12%.

But that's the end of the good news. Dementia and Alzheimer's disease were the third leading causes of death in 2012. The number of deaths due to these has increased by 142.5% over the past decade. This is largely due to an increase in deaths due to dementia. Trachea, bronchus, and lung cancers were the fourth leading cause of death in 2012. Over the last 10 years, deaths due to these have increased by nearly 17%. Overall, men were more likely to die from lung cancer than women, but women were more than twice as likely to die as a result of dementia or Alzheimer's.

You can read the report here:

<http://www.abs.gov.au/ausstats/abs@.nsf/Lookup/3303.0main+features100012012>

Graham Collins



TOTTS Community Flyer service offers door-to-door transport to help you stay connected with your community.

The TOTTS Community Flyer service aims to ensure you remain independent within your own home. You can use the service to go to the library, visit the hairdresser, go to your local swimming pool, visit your friends and family, shopping and to pay your bills and banking. Your might also have a club that you would like to visit, such as gardening club, book club or seniors club or need to attend appointments at your local GP, dentist, podiatrist, X-rays or any other general medical or health-related appointments.

TOTTS Community Flyer also offers a Community Connect program. Members can join monthly barbecues and a weekly drop in program as well as day trips to many attractions around North Queensland.

The TOTTS Community Flyer service operates from 7am until 4.30pm Monday to Friday.

If you would like more information about the Community Flyer service, please call 1300 389 137.



VALE SANDRA (CHIC) BOTTRILL

Sandra "Chic" Bottrill died on Tuesday 8 April 2014. She spent most of her life in North Queensland. She was born in Townsville and went to school at the West End State School and then Townsville State High School in Walker Street.

After her school years, Chic worked in a wide variety of jobs, including typist, telephone operator, secretary, check-out operator, truck driver, radio operator, and driving instructor. In between she found time to be a mother, grandmother, and great grandmother.

Chic joined U3A in 1999. Over the past 13 years, she has been President and a very active Committee member.

She will be particularly missed by the Creative Writers class. Many members will remember Chic's money tree and skits at our U3A functions. Her egg and lettuce sandwiches will also be missed.

Chic's computer skills were used when she took over as editor of the U3A Newsletter. She also offered to teach computing to the many new computer users in U3A.

Chic had a great sense of humour and was always cheerful and good-natured, although she could give as good as she got if the occasion demanded it. Chic looked upon U3A as a very social organisation that kept her active and busy. She will be greatly missed by husband, Greg, their extended family, and many, many members of U3A.

VALE DOROTHY (DOT) LEE

Dorothy (Dot) Lee died at Garden Settlement, Townsville, aged 91, on 21.02.2014.

Melbourne-born Dorothy enlisted with the WAAF during WW2. She had been trained in Morse code as well as the phonetic Japanese Interception code, before being transferred to Townsville in 1943.

She was one of a group of women who were based at a secret location out of Stuart, to monitor Japanese wartime transmissions. They worked 4-hour shifts, with two-hour sleep breaks, and were not allowed to mingle with other military personnel. She later was transferred to Brisbane to work under the leadership of General MacArthur, breaking Japanese codes.

After the war, Dorothy moved back to Melbourne and married Stan. She returned to Queensland in 1983, living in Tin Can Bay (south of Hervey Bay) and Innisfail, before returning to Townsville in the late 1980s.

Dorothy joined U3A in 1991 and enjoyed attending the classes on Armchair Travel, Exercise, and Painting. She was also convenor of the U3A class Women Beyond 2000 (formerly Women of the Nineties, then Women Towards 2000). She remained a member of U3A until she moved to the Garden Settlement in August 2012. She enjoyed the bush throughout her life and was a keen bird watcher.

Dorothy is survived by her daughter Neva, son Mark, and grandson Andrew.

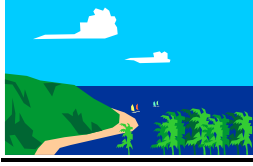
Technology Troubles?

Help available for Windows computers and Android tablets.

Try **Jenny - 0411 405 781** for phone or home visit assistance. See p.7 - Help for Novices. If you have a query, call me. Like a particular topic covered in a future Newsletter? Let me know.

CLASS/COURSE NEWS

Magnetic Island – a new year but not much is changing except the climate



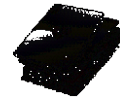
Don Kinsey

Our first term has gone along well with one new offering – **Health & Weight Control Support Group**, with the theme “*Would you like to discuss health, diet and weight control issues; listen to occasional presentations on these and other related issues?*” This got off to a great start in March with one invited speaker already. Our science class focussing on climate, energy, and environmental issues and using Al Gore’s book, *Our Choice* as its thematic focus is now well advanced and into its eleventh week – many still to go. We have re-introduced our occasional **Music Appreciation Group** meetings. These happen about 3-4 times a year and consider almost any type of music. Over the years, we have listened to everything from gamelan to Mahler, the relationship between classical and pop music, and guitar music to just a presenter’s favourite bits of music. Always a single presenter puts together their program, frequently with my help to get it all onto one CD etc. Most programs have consisted of lots of little bits but on one occasion we considered the whole of a single work. Because of my own focus on classical music, my presentations have been: Mahler’s symphonies; German composers post-Beethoven; Festival overtures; and Howard Shore’s *The Lord of the Rings Symphony*. My most recent presentation was just last week and we listened to small examples of the music of ten Russian composers from the Romantic Period and into the Twentieth Century. These ranged from Glinka who arguably is the earliest composer in our modern and popular focus on Russian music, to the extremely nationalistic Shostakovich. We also listened to the enormously popular Tchaikovsky and Rachmaninoff and the somewhat eccentric such as Stravinsky. If there is sufficient interest, it is proposed that we also make these occasional presentations to the U3A in Townsville.

General enquiries – Don Kinsey (47 581 349) If you want to know what’s happening on the Island (not just U3A) try going to www.whatsonmagneticisland.com.au.

CANASTA

We continue to have a fun morning each Wednesday from 9 to 12.30 at the German Australian Club. Welcome to our newest members and congratulations to those who have had “Milestone” birthdays recently.



BEAD GROUP



Small but constant - and astonished we are in our 5th year and still nimble fingered! Val brought back a lovely beaded ring from Hungary to try to copy. Join us for an afternoon - give it a go.

SOCIAL GROUP

Busy year ahead! Recently had breakfast at Bogarts to celebrate Estelle Patterson's 70th. Delicious and generous servings at reasonable cost. Tempted by Queensland Ballet Co's "Cinderella" or "Queen" at the Civic Theatre Townsville? Or perhaps "The Lion King" in Brisbane in January 2015?



In the planning stages just yet is another 'Girls' Night In' arranged by Bev and the Social Group like last year, the proceeds of which went to a Cancer Fund. It's generally a BYO evening with a small door fee and funds made go to this very worthy cause. More participants would be most welcome. It'll probably be an October event.

For enquiries about Canasta, Beading or the Social Group, call Bev on 0413 389 534.

CLASS NEWS

GOLF

The U3A golf class has started again! For more details, call **Edna Hall** on 4771 5481.

ASIAN HISTORY

This course, to be conducted by **Axel Bosselmann**, is proposed to cover 8 sessions and include topics such as trade, cuisine, geographical features, art, architecture, culture, and religions of Asia.

It will be held at the Heatley Community Centre commencing Monday 5th May 2014 from 2pm to 3pm. Contact Axel at akb654321@gmail.com.

PLAGUES AND EPIDEMICS THROUGH THE AGES

This course, to be conducted by Graham Collins over 4 or 5 talks, will focus on the sources, spread, and effects of the major plagues. It now commences on 9 May 2014 at the Aitkenvale Library meeting room. Time is from 2 to 3pm.

Exercise Classes More Than a Decade On

Some twelve years ago Diana Prideaux and Anne Matthews approached the University to see if anyone was interested in providing a fitness class for U3A members. They were offered a room and a tutor. A class began in July 2002 with a tutor, Nan. Nan soon departed but, before going, she introduced her successors – Mahn and Brett. Soon there were three classes but the number in each was not large. The building was rotting away and the University was not prepared, at that stage, to fund a new gymnasium. Mahn decided to set up the *Health, Exercise and Rehabilitation Studio* at the Rising Sun. Our first class there was on 17 January 2007.

The new location was convenient and the classes soon grew. Over the years Merv Pilcher, Audrey Tonkin and I have kept the rolls and collected the cash. This year Audrey and I have resigned these roles. As someone said, "You oldies need a rest." The tutors now are Val, Viv, Paula, and Jenny – while Merv soldiers on. Members come and members go but there is a substantial core for each class. Some classes still have space for new members. **Bev Burns**

The following memorial poem to Chic Bottrill has been submitted from her friends in Creative Writers -

Dear Chic

There's an empty chair at our table,

That never can be filled

We'll never forget your writing

The fun and the drama too

But most of all dear tutor,

We'll never forget you.

Friends are like diamonds

Precious and rare,

You were a precious diamond

Sparkling in our midst.

Always inspiring

And welcoming to all

Helping others was your talent

Thank you

For everything you've done for us

We'll miss your lovely self.

Heartbroken to say goodbye

But, we'll write our stories and poems

Our creative juices will still flow

We say goodbye to a friend

Though our hearts say NO.

You will be sorely missed my friend

A personality big and bold

Always had something to share with a quip

And never afraid to be told

Companionable

Happy

Inspirational

Caring.

FRIDAY WALKING GROUP

This group meets each Friday at 7.45am for a walk at a moderate pace around a different



part of Townsville for about an hour. The photo shows some of the group enjoying a walk at the newly opened Jezzine Barracks area. Call **Mignon Spuler** on **4779 9246** for more information.

ANNUAL GENERAL MEETING

Our AGM was held on Thursday, 20 March 2014, at the Annandale Community Centre. Formal reports were presented by President Graham Collins and Treasurer Alan Williams. The new Committee was voted upon - a photo of elected members is shown below. (Names are listed on page 2 of this copy). Missing from our photo are Jenny Sebba (who took the photo, thanks), Estelle dal Bello, Elizabeth Mason, and Edith White.



In addition to the business of our Annual General Meeting, our Guest Speaker, Heather Martin from Queensland Rail, provided lots of helpful information on the services provided by QR. I had no idea Queensland had so many trains – the Sunlander, the Inlander, the Spirit of Queensland, the Tilt Train etc. Heather outlined the train trips available and also gave helpful information on pensioner concessions on these trips. For more details, ring Queensland Rail on 4772 8358 or go to queenslandrailtravel.com.au

The morning then continued as an enjoyable social occasion with a "bring a plate" morning tea and chats among members. *(The next Social function is our mid-year one on Thursday 19th June 2014 at the Annandale Community Centre - worth popping in your diary now!)*

WHY SENIORS STILL NEED NEWSPAPERS



I was visiting my daughter last night when I asked if she could hand me a newspaper.

"This is the 21st century," she said. "We don't waste money on newspapers. Here Dad, you can use my iPad."



That fly never knew what hit him!

Shortcuts in Windows

These tips and tricks are for Windows operating systems (sorry Mac users). Ever wanted to copy some text but the command "**Copy**" is nowhere to be seen?

1. Highlight the area you want the left mouse button and drag your highlighting it in blue.

2. Hold and keep down the This will copy the data to an area down your computer or copy



to copy by left mouse clicking on the start, hold down mouse pointer over the piece you want to copy,

control key (marked CTRL) and hit the 'c' key once. called the clipboard. It will stay there until you shut something else over the top of it.

[To copy a picture – Right mouse click anywhere inside the boundary of the picture and a copy command should appear.]

3. To put what you have copied somewhere else in the same or another document, use the "**Paste**" function. If this isn't in any menu - Left mouse click where you want the copied data to appear.

4. Hold down the CTRL key and push the key marked 'v' once. This will paste the copied information into place.

(These two CTRL commands are a handy pair but, beware, CTRL and 'x' delete highlighted things but you can still rescue the deleted text with CTRL v. This is the "Cut" function.)

MEET YOUR COMMITTEE

[This segment of our Newsletter continues to introduce you to Committee members. Please enjoy!]



My name is Yvonne Campbell. I was born in Dulwich, London. I went to a Comprehensive Girls High School where I learnt shorthand and typing. When I left school I began working as a typist (pre computers) in the Sub editors room of the English Woman's Weekly.

I typed the copy that was to be published for the Home Improvement Editor and the Fashion Editor and many times I helped out by typing up the "letters to the editor". I often accompanied these editors to photo shoots all over London. (I met my all time favourite musician, Acker Bilk, on one of these shoots.) As the magazine was weekly, the pace was always frenetic and exciting; I was often plonked into a taxi at the last minute on pre-publishing day with last minute copy and/or photos that the publisher was screaming for.

At this time I met Eric an Australian and my husband to be, who was working as a teacher in the UK. We married in May 1963, the coldest spring day on record! We had our honeymoon on "The Fairsea", a migrant ship coming out to Australia. I was a ten pound pom. The idea was to visit Eric's family, travel around a bit and then return to the UK. 50 years later we're still here.

I worked for the Victorian Tourist Bureau in Melbourne until our first son was born in 1967. Our second son was born in 1968. We were getting a bit fed up with Melbourne's weather so Eric applied for and was accepted as a lecturer in Maths at the Madang Teachers Training College in Madang, PNG. I worked for The Steamships Company typing up manifests until our third son was born in 1974. We stayed there for four years. Our two older children went to pre-school and then to primary school there.

We returned to Victoria in 1976 and Eric became a Maths lecturer at Warrnambool Teachers College where I began an Education degree. There was an opportunity for Eric to work at the Townsville Teachers Training College (now all JCU) which he took and I continued with my Education degree.

I graduated at the end of 1983 and began teaching at Aitkenvale Primary School in January 1984. I taught there for 22 years, teaching most year levels. I have even taught some of the U3A members' grandchildren! I retired from teaching at the end of 2006 and have been involved non-stop with our grandchildren ever since. We have four grandchildren in Townsville and three in Brisbane.

I have been a member of U3A since 2001 and this is my second year on the Committee.



I'm Kay Torkington. I find it difficult to write about myself but here goes ... I was born 18 October 1944 in Ayr, NQ. My parents moved to Cairns and my primary education was at St Joseph's Catholic School where I learnt to play the piano for a short time, much to the detriment of my English class which was always at the time I was playing piano for another music class. But I always loved reading so I hoped.

My parents moved to Townsville and I boarded at St Patricks for secondary education. Unfortunately, no more music lessons! My love of music has stayed with me all my life and whenever I got the chance, I played by ear on anyone's piano. After finishing school, I reluctantly got a job at David Jones, where I worked for 12 years. I was taught to use a microphone and regularly compered parades and interviews, to the extent I was offered the job of Advertising and Promotions Manager for the store. I also had a live TV programme each week called DJ's Notebook.

I married very young, had two children but the marriage did not last. After seven years as a single Mum, I finally met the man I have been married to for 35 years, very happily. I had another daughter and we moved to Charters Towers for six years during which time I sold Real Estate and had a short stint on radio. We moved back to Townsville and I eventually joined the Townsville Bulletin as their Classified Telemarketing Manager and Customer Service Manager. I stayed with them for 19 years and retired after the GFC to save some of my hard earned Super. I now have five grandchildren, four boys and a darling little girl. I live for my family, my music, and my friends.

I am a diabetic, love my food and my wine ... in moderation, dear doctor! I find it hard to write about myself, but once I get going, there's no stopping me!



Did you know that Postage Stamps now cost 70cents? if you hold a Federal Government Pension Card, you can apply to Australia Post to continue to pay the previous cost of 60 cents? Ask at any Post Office for more information.

MISCELLANEOUS

MORE FROM OUR CREATIVE WRITERS

In October last year, Jean Miller, a member of Creative Writing for the last three years, won the Townsville Library Fast Fiction writing competition '39/100'. The competition asked for stories of exactly 100 words (including title) which had to include the number '39'. There was only one prize in the adult section, which included a mini iPad and tickets to the performance of 'The 39 Steps' at the Civic Theatre (hence the '39' of the competition). This is Jean's winning entry:

FETISH

We knew our aunt was becoming stranger each time we visited. But she was physically healthy, able to look after herself and do the shopping and housework.

But yesterday I visited her on my own, and surprised her as she spread shoes of all styles on her kitchen table. Embarrassed, she told me she stole them from outside shoe shops. There were thirty-nine left shoes, children's and adults'. She said it was her hobby.

What could I say? What could I do? I was the child, she the adult. I helped hide them in a box under the stairs.

"Afternoon Tea at the Gallery 2014".



"Tea & Pickies" visits began as an adjunct to the "Science and Humanities" course in the late 1990's. We are now enjoying revisiting works gathered by the city of Townsville & Shire of Thuringowa since early settlement.

IT contact is an essential part of our connectedness and we are asked to be more flexible. Please phone, text, email or message me - [Anne Matthews - 0488 257 180] - for up to date information on the next exhibition.

Over the years we have learned much from the Artists/Photographers/Journalists or their descendants; the Exhibition Curators; Defence Force Personnel; Exhibition Judges;

Gallery News (cont.)

Art Critics; Historians; Anthropologists & Senior members of the numerous communities that make up this challenging, yet vibrant, Dry Tropical Region.

Bring a friend & join us on the first and/or second Friday of the month to enjoy a delightful afternoon tea in the cool of the Galleries after an informative talk.

Cheers, Anne Matthews

THE RELICS PROJECT



In the last newsletter I appealed for your vintage gear for our half-year function on Thursday June 19 this year. Pleasingly some generous members responded and wedding dresses are promised from Estelle Patterson, Maureen Harrison, Trudi Van der Tol and Kelly Shephard. Peg Robertson has her whole wedding ensemble as well as her going-away outfit. Bev Ponder has volunteered her opera coat and Ann Stuart has donated a whole collection of hats from the 1950s to the present day. Dawn O'Brien has also given us some hats and Kay Torkington her first communion veil. Merv Pilcher will bring along his 1930 record player and a selection of records to play on it. Other ladies have promised to wear their 1970s two piece on the day. It's shaping up quite nicely at this point but more could be added so contact me if you have something to share. Nanette. (4721 4484)

U3A CLASS TIMETABLE as of 22 April 2014

| Time | Class | Contact | Venue |
|------|-------|---------|-------|
|------|-------|---------|-------|

Monday

| | | | |
|--------------|---|---|--|
| 9.00 – 10.00 | Exercise Class | Merv Pilcher 4729 0915 | Health Studio. 1/276 Charters Twrs Rd |
| 9.00 – 12.00 | Mah Jong | Shirley Fitzgerald – 4721 2820 | Call Shirley Fitzgerald for venue |
| 9.00 – 1.00 | Social Art (no Tutor) | Judy Osborne 4723 9086 | Call Judy Osborne for venue |
| 9.00 am | Book Club (Monthly on 2 nd Mon of each month) | Lois Williams 4775 1930 | Aitkenvale Library Or Syd Collins 4729 0275 |
| 1.00 – 2.00 | Indonesian | Eric Campbell – 4779 8947 | Aitkenvale Library Meeting Room |
| 1.00 – 4.00 | Art | Patricia Jones 4723 4298 | Call Patricia Jones for venue |
| 2.30 – 4.00 | Philosophy | Peter Burns/Karl Kampmark 4779 5214 | Aitkenvale Library Meeting Room – contact Tutor first |

Tuesday

| | | | |
|------------------|---|-----------------------------|--------------------------|
| 9.00 – 2.00 | Quilling & Cardmaking | June Lorimor 4771 6227 | Wulguru Community Centre |
| 10.00 – 12.00 | Creative Writing | Val Spencer 4723 6083 | Vale Hotel |
| 2.00 – 4.00 | Computer Users Group Last Tues. of Month | Graham Collins 4789 0590 | U3A office |

Wednesday

| | | | |
|--------------|----------------|--------------------------------|---|
| 9.00 – 10.00 | Exercise Class | Viv Watkins 4773 5287 | Health Studio 1/276 Charters Twrs Rd |
| 9.00 – 12.00 | Pottery | Nick Dimitriou 0438 132 707 | Tatika Ceramics, 52 Mallee St., Condon |
| 9.00 – 1.00 | Scrapbooking | Sandra Bowtell 4789 2832 | 9 Thornbill Close Kelso |
| 9.30 – 12.30 | Canasta | Bev Ponder 0413 389 534 | German-Australian Club (New address - Cnr Anne/Patrick Sts, adj. to big car park) |
| 2.00 – 4.00 | Beadwork Class | Bev Ponder 0413 389 534 | Contact Tutor for venue |

Thursday

| | | | |
|---------------|---------------------|--|--|
| 9.00 – 12.00 | Art | Jan Fels 4721 3636 Peg McElhinnney 4779 8621 | Salvation Army Hall Madden Street, A'vale |
| 10.00 – 11.30 | Successful Investor | Robert Fuller (Tutor) - 47550161 Trevor Smith 47891122 | Pimlico TAFE |
| 10.30 – 11.30 | Exercise Class | Paula Agtoft 4771 5298 or 0401 445 477 | Health Studio. 1/276 Charters Twrs Rd |

U3A CLASS TIMETABLE as of 22 April 2014

| Time | Class | Contact | Venue |
|------|-------|---------|-------|
|------|-------|---------|-------|

Friday

| | | | |
|------------------------|---|--|--|
| 7.45 – 8.45 | Walking | Mignon Spuler 4779 9246 | Various locations - check with Tutor |
| 9.00 – 10.00 | Exercise Class | Val Grogan 4723 5432 | Health Studio 1/276 Charters Twrs Rd |
| 9.00 – 12.00 | Mah Jong | Shirley Fitzgerald – 4721 2820 | Contact Shirley Fitzgerald for venue |
| 10.00 – 12.00 | Scrabble | Kate Eagling 4725 4535 0429 419 580 | Contact Tutor for venue |
| 1.00 – 3.00 | Computer for Beginners | Kate Eagling 4725 4535 or 0429 419 580 | Railway Estate Community Centre (Contact tutor first) |
| Approx. 1.30 – 3.00 | Friday @ Various Galleries | Anne Matthews 0488 257 180 | Various Galleries (Call Anne for specific details please) |
| 2.00 – 3.30 | Friday Talks (Last Friday of each Month) | Co-ordinator sought | Various Speakers & Topics A'vale Library Meeting Room |

Saturday

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|-------------------------|--------------------------------------|-----------------------------|---|
| 9.00 – 10.00 | Exercise Class Seniors | Jenny Nyambane 4725 0434 | Health Studio 1/276 Charters Towers Rd. |
| 10.00 | Social Group | Bev Ponder 0413 389 534 | Various locations |
| Various times & days | Computer classes for Beginners | Bev Ponder 0413 389 534 | Community Centres in various suburbs (4 p/class) |
| Anytime | Computer Support (Apple Mac Only) | John Holt 4773 4600 | |

MAGNETIC ISLAND COURSES

General Inquiries – Don Kinsey (47 581 349)

| | | | |
|---------------------------------|--------------------------------------|-------------------------|---------------------------------|
| Science Class: Earth and Sea | Don Kinsey | 4758 1349 | Monday – 10am to 12 |
| Tai Chi Exercise Class | Peter Duckworth Tania Thoreau | 4758 1981 4758 1981 | Tuesday – 7am to 8am |
| Computer Users | Don Kinsey | 4758 1349 | Tuesday – 10am to 12 noon |
| French Conversation | Gisela Edwards | 47785548 | Wednesday– 9am to 11am |
| Making Music | Kelly Marlin-Zwa | 4758 1426 | Wednesday – 3pm to 5pm |
| German Conversation | Jill Taylor | 0402333528 | Wednesday - 4pm to ?? |
| Spanish | Peter Duckworth Marie de Monchaux | 4758 1981 0427556165 | Thursday – 9.30am to 11.30am |
| Health & Weight Control | Bette Davis Jan Tester | 4758 1113 4758 1821 | Thursday - 9am to 11am |
| Tai Chi – Yang 85 | Peter Duckworth | 4758 1981 | Friday – 7am to 8am |