



U3A Townsville Inc.

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NEWSLETTER JULY 2019 EDITION

Hi to all Members and Friends,

Well things seem to be popping along quite nicely now with all programs and activities well attended. The recent mid-year/"Be connected" function was well attended and every one seemed to have a great time. Many thanks to Bev's Committee for all the organization of the whole affair and all the helpers on the day. The kitchen was a beehive so thanks to Sarn, Sheila, Pam, Kay and Lori, for looking after the food and Byron for attacking that monstrous job of washing up. Members must be congratulated for the quality of the food supplied; it was delicious.

Thanks also to those that helped us setting up and clearing up, especially Alan and Graham and Terry, it makes the job so much easier. Terry managed to get a lot of members to sign up for the "Be Connected Program" and we also acquired several new members.

Thanks also to our performers, they did a great job and it was wonderful that most of them were our own members.

Thanks to Nanette who, as always, did a great job as M.C. and running the raffle drawing.

I hope I haven't missed anyone; it is really heartening to see how our people get in and help at every function it really makes the job a lot easier.

I must also thank Cr Maurie Soars for taking time out of his busy schedule to visit us and say a few words. Maurie is very supportive of many organizations and it was great to see him.

The be Connected Program is taking up a large proportion of our time but we're still behind in numbers for the program. We are getting 4TTT to run a promotion over the next few weeks that we hope will not only get us more "Be Connected" applicants from the general public but will also help brand U3A and get us some more members. Please talk to your friends and see if you can get them along.

We will be advertising for some members to help in a couple of areas where the committee is short on expertise. If you have any skills in these areas, please come and talk to me. The committee members are already stretched to their limit so the more help we can get the better the results will be for all the members.

All the best, Peter Hurst.



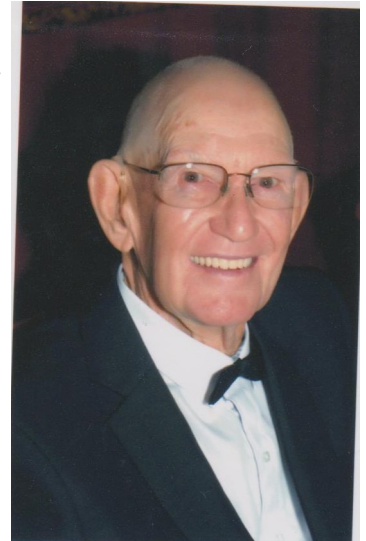
From the Watercolour Group

Four members of the watercolour group entered items into the Townsville Show this year. One of the members won a first and a third prize, the others received encouragement awards. The painter who won the prizes does not wish to be named but would like to send thanks to Heather Byrne, our teacher and friend, and to the rest of the group for their support and encouragement and for being generally wonderful people.

Pictured; members of the group at work.

Vale Mervin Pilcher

One of our longest-serving members, Mervin Pilcher, died Friday July 5th. Merv joined U3A in 1999 and was member number 212. He was an active member until his health forced him to take a back seat. Merv was a member of the U3A committee, and for many years kept an eagle eye on our assets as Property Officer. He was a member of the U3A walking group and, together with his wife Margrit, joined in with the other walkers as they investigated the numerous walks available around Townsville. On more than one occasion, Merv let himself be talked into dressing as Santa for the U3A Christmas functions. Many members of U3A Townsville owe their knowledge of computing to the classes run by Merv, and many became healthier and fitter after attending his exercise classes. He will be missed by many in U3A, and especially by his partner, Thea Eastwood, to whom we send our condolences.



President and Committee of U3A Townsville. (information supplied by Graham Collins)

Tutors were invited to a B.B.Q. held at the Vincent campus on Saturday 23rd May, as a get together and to further support the Be Connected computer program, government funded, U3A is running.

This programme takes a multi-level approach. It starts with the assumption that you know nothing about computers (and you might even be afraid to touch one) and works you through at your own pace to a level that is quite comprehensive. Along the way U3A Townsville will have a number of mentors who you can turn to when you are unsure or just stuck.. We need members to join in to ensure the grant we obtained remains with us.



There are three days you can choose from to come along for your first time.

Monday 9.00am at the Aitkenvale Library

or Tuesday 1.30pm and Friday 9.30am at the Thuringowa Library.

Other times can be arranged if needed. Just ring the office and the volunteers there will get you on your way. Happy computing!!



Pictured at the museum is Nanette, Spud and Michelle.

The museum is open Monday to Friday 9am to 2.30pm and 1st and 3rd Sundays.

It is located at 1/27 Barbeler St. Currajong right behind the Ambulance station.

U3A History Group

On the 2nd July some members of U3A visited the Townsville History Museum. The trip was organised by the U3A History group ably led by Nanette Grace. Visiting the museum took me back to some childhood memories, as did other members of our group.

There are old medical instruments including a jar of false eyes, kitchen and laundry equipment as well as office equipment including a printing press. A pedal organ is also on display. Communication back then was a real achievement with the old party line telephone system and a short wave radio. Interestingly, according to the Museum the man whom Townsville is named after never really lived here, just stayed in the region for a short time, but ran business interests around and about town.

The **Creative Writing Group** have said a sad goodbye to two of our members, Gwen Brazier and Catherine Meers who've both moved south for family reasons. The rest of us continue to enjoy our Tuesday mornings, and not only the love and the challenge of writing on different topics each week, but also the social get-together.

Though we do not endeavour to critique or teach writing, we do set homework, and our weekly five-minute write can be quite a challenge and is an excellent learning tool.

For some years our group have donated a trophy in the literary section of the Eisteddfod and are pleased to have done so again in 2019. The love and the challenge of writing both stories and poems can start early, or not until the later years.

Magnetic Island U3A Report

The Island has two language conversation groups.

Experts in senior health agree that learning or practising another language is a good way to improve brain health and a recent study from Edinburgh University found that bilingualism was significant in delaying the onset of dementia.

Our advanced French conversation group is for members who are or have been French speakers and wish to revive or continue fluency in French while having fun.

Our Spanish group members have more diversity; while some members are fluent speakers the group welcomes beginners to learn Spanish in a friendly, supportive atmosphere.

If you live or are visiting the island please phone the facilitators listed on the class directory for more information.

Liz Magnetic Island co-ordinator.





The U3A **Spanish Group** is very active meeting regularly each Tuesday at 9.00am in the Vincent Village complex. The facilitator is Graham Collins who is a long time member and past President of U3A and is also a busy committee member.

In the background is a picturesque slide of life in Spain. Some of the group have been to Spain and one was born there.

Pictured at the U3A mid-year function were three past presidents with the current president.

L; to R; Alan Williams, Graham Collins (past presidents) with Peter Hurst (current president) and immediate past president Terry Lambrose.

Alan, Graham and Terry are still active committee members, working alongside Peter to maintain a strong force for you the members. Thank you guys.



A friendly **REMINDER** of the Seniors expo, on August 20th where we will have a display.

Always looking for volunteers for the day please let the office know. Ph; 4724 3530

Don't forget Seniors' Luncheon, August.22nd and 23rd.

INTERESTED IN PLAYING PÉTANQUE (/pə'taŋk, FRENCH PETÅK)?

If any member is interested in forming a pétanque group,
please contact the office on 4724 3530

There is a pétanque playing field in Townsville which is underutilised
and would benefit from renewed community engagement.

Don't know what pétanque is? Me either, until now!

Pétanque is a bowling game which originated in France and is played by two teams. Teams are formed of one, two or three players and the object to get a boule (ball) as close as possible to a small wooden jack.



is

No special uniforms are needed, it's easy to learn, and the game can be played all year round.

And, more importantly, no special skills are needed:
just a wish to join in, make new friends, keep those muscles moving and have some fun.

For more information, check here <https://www.wikihow.com/Play-Petanque>

MID YEAR FUNCTION



Our U3A mid year function was held on Friday 12th July with an attendance of over eighty people. Many thanks go to the organizer Bev Ponder and our MC for the day Nanette Grace. (Pictured left, Bev and Nanette.)

Thanks also go to the many and varied raffle donations received from members, always welcome Thank you. We asked you to bring a plate and a mate, with ample plates and quite a few mates. Well done.

THE ENTERTAINMENT

Our entertainment for the day were songs of Indonesia, from the Indonesian group in Indonesian costume. The Indonesian facilitator is Eric Campbell and they meet at the Aitkenvale Library on Mondays from 1-2pm.

Joan Twine introduced a selection of songs she had penned via a video.

Georgina Valdeter our French facilitator gave an interesting demonstration of PÉTANQUE

(SEE THE STORY ON PAGE 4)

LUNCH AS USUAL WAS DELICIOUS WITH
PLATES SUPPLIED BY MEMBERS.



Indonesian Singers (above)

Mike *Mustang* Price (pictured right) sang and played some songs to which we were able to sing along.



Thanks to all my helpers for the smooth running of our Mid Year Function, I am proud of you all. Bev Ponder. **Start thinking of where and when we do Christmas Lunch!**

Canasta. Usual time and place Wednesday morning.

Beading. Thursday 2pm to 4pm. Phone Bev 0413389534 to reserve a place.

Social Group. Saturday mornings and Sunday afternoon. Next week some of us are going on an overnight trip south. Coming up is an outing to see "Cats" in October.

HELP!!!

We are cute kitties, Momma was an orphan from the Deluge, rescued, fed and loved and we surprised her by showing up, now we are looking for a kind and loving person to spoil us too, my brother and I have had our shots also microchipped. If you feel up to the job and can handle a lively kit give Bev a call on 0413389534, although she may want to keep us, we have her wound around our paws. Luv spoilt kitties.



U3A New Role Appointments.

Two of our members have stepped up to take on active roles for U3A

Gaye Higgins is now the **Be Connected** coordinator, with all information being compiled by Gaye. Joining the Be Connected program is easy, just phone the office as the contact point and we will connect you with Gaye who will organize a time and place for you. Thanks Gaye.

Lynette Rooke has commenced as our new **class co-ordinator**. This role was previously occupied by Ann Krome who stepped down after many years in the spotlight

Thank you Ann for a job well done.

Class Coordinator's Report

I welcome this opportunity to introduce myself as the new Class Coordinator. I am still finding my feet and I wish to thank Christine and the Committee for making me feel so very welcome and for giving me guidance and support in the early days.

I still have to meet many of the class tutors and facilitators and I hope to get around to catching up over the coming month by popping into the classes.

I urge all members to look at the Class Timetable to check out what's on offer and to sign up for any of the classes that may interest you. New classes are added from time to time, so make it a point to look at the website on a regular basis.

My sincere appreciation is extended to everyone for your generous help to date.

Lynette Rooke

Magnetic Island U3A Monday Talks Term 3 2019

17 th July	Prue Smith	Travelling Around Ethiopia	Prue will show her stunning photos and share the stories from her travels.
24 th June	Brian Furby	Bush Poetry 2	Brian will read his published poems
1 st and 8 th July School Holidays			
15 th July	Murray Withers	About Magnetic Island SES	Murray will talk about what our islands do and how we can prepare for extreme weather events.
22 nd July	Eileen Parisi	Dementia Australia	Eileen is the Community Development Officer for Dementia Australia
29 th July	Zanita Davies	Stories of Magnetic Island families	Zanita is the President of Magnetic Island History and Craft Centre.
5 th August	Val Osbourn	Archeology 1	We welcome Val who has recently joined our group from Sarina, where he has been extensively involved in community education.
12 th Aug	Val Osbourn	Archeology 2	
19 th Aug	Val Osbourn	Archeology 3	
26 th Aug	Val Osbourn	Archeology 4	
2 nd Sept	9 th Sept	16 th Sept	No talks as at date of publication

U3A Walking Group Timetable for August to November 2019

Day Friday Time 7.00am for 7.15am - 8.15am walk

Contact: Margaret on 4779 1882 Come join us!

Date	Meet	Walk	Date	Meet	Walk
Aug 2nd	Tobruk Pool, The Strand North Ward	Ephemera	Sept 27th	Petunia St. Aitkenvale Library Carpark	Aitkenvale Area
Aug 9th	Murray Lyons Cr Anandale Skate Park	Fairfield Waters Down River	Oct 4th	Weir School	River Circuit
Aug 16	Morinda Dr, Kirwan College Carpark	Willows Gardens	Oct 11th	O'Reilly St Mundingburra Cnr Burt St .	Annandale Upstream
Aug 23rd	Cricket Club Rooms Harold St. West End	Cutheringa Park Area	Oct 18th	End Carmody St. Hermot Park	Bicentennial Park
Aug 30th	Hindley St, Currajong Cnr, Bayswater Rd	Lakes Circuit	Oct 25th	Cnr Cook St. & Esplanade	Jezzine Park
Sept 6th	Weir School	Down Stream	Nov 1st	To Be Decided	
Sept 13th	O'Reilly St.& Burt St. Mundingburra	Annandale Down Stream	Nov 8th	Palmetum Car Park	Palmetum
Sept 20th	Cape Pallarenda		Nov 15th	Breakfast	

Come and join us, get some fresh air, exercise and explore Townsville. We walk at a pleasant pace that allows for chatting or stopping to see wildlife. The itinerary above gives you an idea of where we go. Mostly on walking paths. This is a very friendly social group.

Many of the walkers regularly adjourn to a coffee shop afterwards.

Magnetic Island		
Monday		
Monday Talks 10am-12pm	Mike Keating 0437 432 251	RSL, Arcadia
Finance and Investment Group 7:00pm-9:00pm	Terry Lambrose 0434 634 822	<i>Contact Terry for further information</i>
Tuesday		
Tai Chi 7:00am-8:00am	Peter Duckworth, Tania Thoreau 4758 1981	Esplanade
Recorder Ensemble 1:30pm-3:30pm	Ros Burry 4778 5082	14 Bottinger Street
Wednesday		
French Conversation 9:30am-11:00am	Gisela Edwards 4778 5548	Tamarind Tree Cafe
U3A Singers 7:00pm-8:30pm	Marilyn Sheather 4778 5918	RSL, Arcadia
Thursday		
Spanish 9:30am-11:00am	Tania Thoreau 4758 1981	8 Lilac Street
Canasta 1:00pm-3:30pm	Kaye Lambrose 0403 255 805	Golf Club
Friday		
Tai chi – Yang 7:00am-8:00am	Peter Duckworth 4758 1981	Esplanade
Other (By appointment)		
Computer, Basic	Terry Lambrose 0434 634 822	<i>Phone Terry to book</i>

U3A TOWNSVILLE CLASS TIMETABLE Current as at 19/07/2019

Monday		
Computer, Basic 9:15am	Christine Douglas Lori McGuire	Aitkenvale Library <i>Phone office to book</i>
Book Club, 2nd Mon of month 9:00am-10:00am	Jenny Marks 0407 484 240	Aitkenvale Library Foyer
Exercise Class 9:00am-10:00am	Thea Eastwood 0407 961 623	Health Studio, Hyde Park Centre
Mah Jong 9:00am– noon	Gwen Wilson 4723 7142	Thuringowa Library
Social Art (No tutor) 10:00am-5:00pm	Patricia Jones 0409 413 234 Judy Osborne 0409 764 184	Soundshell Building, Dan Gleeson Gardens
Finance & Investment Group 12:00pm-2:00pm	Terry Lambrose 0434 634 822	U3A Vincent
Indonesian 1:00pm-2:00pm	Eric Campbell 4779 8947	Aitkenvale Library
Tai Chi (Interim Arrange- ments) 1:00pm-2:30pm	Lori McGuire ailsacraig33@gmail.com	Church of Christ Hall, Vin- cent Cnr Fulham Road & Palmerston St
Philosophy 2:30pm-4:00pm	Jan Hynes 0419 723 640	Aitkenvale Library
Tuesday		
Spanish, Self-Help 9:00am-10:20am	Graham Collins 4789 0590	U3A Vincent
Creative Writing 10:00am-12:00pm	Valda Spence 4723 6083 Ann Krome 0400 822 973	Vale Hotel, Ross River Road Motel Breakfast Room
Computer, Basic 1:15pm-2:30pm	Maureen Wright 0498 572 717 <i>Phone to book</i>	Learn Space Thuringowa Library
History 2:00pm-3:30pm	Nanette Grace 4721 4484	U3A Vincent
Wednesday		
Exercise Class 9:00am-10:00am	Viv Watkins 4773 5287	Health Studio Hyde Park Centre
Canasta 9:30am-12:30pm	Bev Ponder 0413 389 534	German-Australian Club 56 Ann Street, Aitkenvale
Art Class 9:30am-12:30pm <i>Class Full, Waiting List only</i>	Heather 0408 737 021 Irene 0417 639 795	U3A Vincent <i>Please call office</i>
Woodwork 2:00pm-4:00pm	Ray Hatton 0400 840 114	Flexible Learning Centre 22-26 Ingham Road (Service Road, next to St Mary's Church)
Thursday		
Art (Watercolour, Acrylic and Oil Painting) 9:00am-12:00pm	Jan Fels 0490 014 373 Kathleen Feaver 4779 1252	CWA Hall 36 Latchford Street, Pimlico
Photography, Basic Tech- niques 9:30am-11:30am	Interim Contact: John Webster 0438 322 666	U3A Vincent
French, Conversational 12:00pm-1:30pm	Georgina Valdeter 0410 454 420	U3A Vincent
Science 2:00pm-3:00pm	Phone Office for contact de- tails	U3A Vincent
Beading 2:00pm-4:00pm	Bev Ponder 0413 389 534	<i>Phone Bev to Book</i>

Friday		
Walking 7:00am-8:45am	Margaret Cuthbert 4779 1882	<i>Phone Margaret for details</i>
Exercise Class 9:00am-10:00am	Val Grogan 4723 5432	Health Studio Hyde Park Centre
Mah Jong 9:00am-12:00pm	Gwen Wilson 4723 7142	Thuringowa Library
Computer, Basic 9:30am	Gaye Higgins	Learn Space Thuringowa Library
Scrabble 10:00am-12:30pm	Kate Eagling 0429 419 580	U3A Vincent
Friday Talks (A variety of topics) 2:00pm-3:00pm	Check member emails or website for details	Aitkenvale Library Meeting Room
Saturday		
Exercise Class 9:00am-10:00am	Jenny Nyambane 4725 0434	Health Studio, Hyde Park Centre
Social Group 10:30am	Bev Ponder 0413 389 534	<i>Phone Bev for details</i>
Sunday		
Social Games 1:30pm-4:00pm	Bev Ponder 0413 389 534	<i>Phone Bev for details</i>
Other		
James Cook University (various subjects)	Lori McGuire 0418 874 844 Check U3A website for further info.	James Cook University
Gardening in the Dry Tropics	Maureen Wright 0498 572 717	Various locations
Excursions, Events	Emails sent to members	

Do you have an artistic flair?

Or, are you like a lot of us, and believe you have no aptitude for anything creative?

Take up the artistic challenge NOW!

If you would like to try your hand at some form of craftwork such as mosaics, embroidery, crewel embroidery, knitting, crochet, cross-stitch, tatting, appliqué and quilting, floral design, and ikebana, amongst many others, let us know.

Also, if you have expertise in some form of craft or crafts and wish to pass on your knowledge to others and become a U3A volunteer tutor, we would love to hear from you.

We wish to get additional craftwork classes started and need your input

(either as student or tutor), so please get in touch. Ph the office 4724 3530

2019 Committee members

Position	Name	Email address
President	Peter Hurst	rpeterhurst@gmail.com
Treasurer	Raewyn Mannix	rmannix@bigpond.net.au
Secretary	Larry Frazer	patriciafrazer@optusnet.com.au
News Editor, and Office Manager	Christine Douglas	cjdouglas11@bigpond.com
Magnetic Island Co-ordinator	Liz McDine	Liz_mcd@live.co.uk
Grants Co-ordinator	Currently vacant	
Committee	Alan Williams	alanlois@ozemail.com.au
Committee	Jenny Sebba	jsebba@netspace.net.au
Committee	Graham Collins	grahamc@internode.on.net
Committee	Bev Ponder	bev.ponder1@gmail.com
Committee	Terry Lambrose	tjlambrose@gmail.com
Committee	Kate Eagling	Kate.eagling@gmail.com
Class Co-ordinator	Lynette Rooke	lynetterooke@bigpond.com

IS PUBLICITY OR WEB PAGE DESIGN YOUR THING?

U3A IS SEEKING THE SERVICES OF TWO MEMBERS

WHO MAY HAVE EXPERIENCE IN

PUBLICITY AND/OR WEB DESIGN IS THIS YOU?

IF INTERESTED PLEASE CALL **47243530**

Contact Details for the office are:

PO Box 374, Aitkenvale QLD 4810

PH; (07) 4724 3530

Email; u3atownsville@westnet.com

**New Website; [http://
u3atownsville.com](http://u3atownsville.com)**

Memberships; January to December.

Please visit the website

<https://u3atownsville.com/join-us>

_for 2019 membership form

Email u3atownsville@westnet.com.au /or

phone the office 4724 3530

for banking details

Your next newsletter date will be November 2019 Please keep your stories rolling in.

I enjoy reading them as do members, Pictures are most welcome Thanks Christine